



# The VIDAs Trilogy and Beyond

Rohini Bose<sup>1</sup>, Syed Usman Hamdani<sup>2,3,4</sup>, Fareed Aslam Minhas<sup>4,5</sup>, Keira Joann Herr<sup>1</sup>

1. Lundbeck Singapore Pte Ltd, Singapore, Singapore
2. Human Development Research Foundation, Islamabad, Pakistan
3. Institute of Psychiatry, Rawalpindi Medical University, Rawalpindi, Pakistan
4. Global Institute of Human Development, Shifa Tameer-e-Millat University, Islamabad, Pakistan
5. Karakoram International University, Gilgit, Pakistan.

## Objective

To compare the real-world effectiveness of vortioxetine as routine clinical treatment for major depressive disorder on depressive and cognitive symptoms, and work productivity in populations across South-East Asia

### REVIDA

A real-world study on vortioxetine in patients with major depressive disorder in SEA (Malaysia, Philippines, Singapore, Thailand)

### PREVIDA

Pakistani study on real-world evidence with vortioxetine in major depression in Asia (Pakistan, investigator initiated trial [IIT])

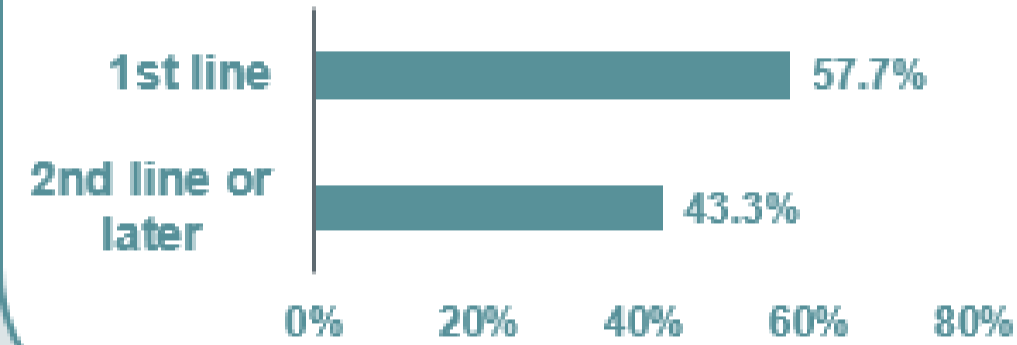
### TREVIDA

Taiwanese real-world evidence with vortioxetine in major depression patients in Asia (Taiwan)

Overview: TREVIDA patients (mainly vortioxetine 2nd line or later users) were in later and more chronic phases of major depressive disorder versus REVIDA or PREVIDA patients (mainly vortioxetine 1st line users)

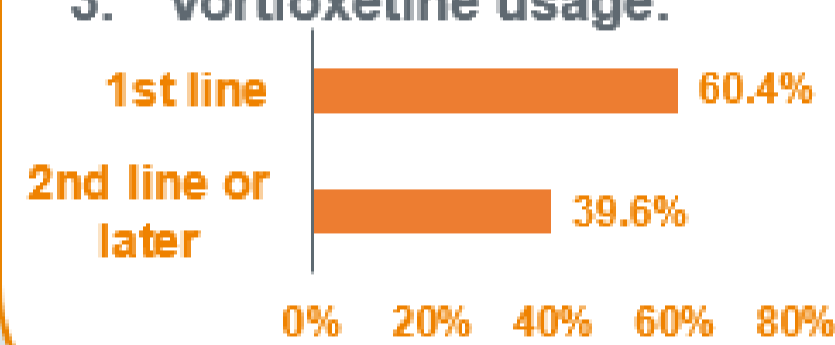
#### REVIDA (SEA)

1. Majority of patients were 1<sup>st</sup> episode patients (63.0%)
2. Shorter average duration of current episode (>8 weeks: 63.5%)
3. Vortioxetine usage:



#### PREVIDA (Pakistan)

1. Majority of patients were 1<sup>st</sup> episode patients (55.8%)
2. Shorter average duration of current episode (>8 weeks: 60.8%)
3. Vortioxetine usage:



#### TREVIDA (Taiwan)

1. Minority of patients were 1<sup>st</sup> episode patients (34.3%)
2. Longer average duration of current episode (>8 weeks: 72.3%)
3. Vortioxetine usage:

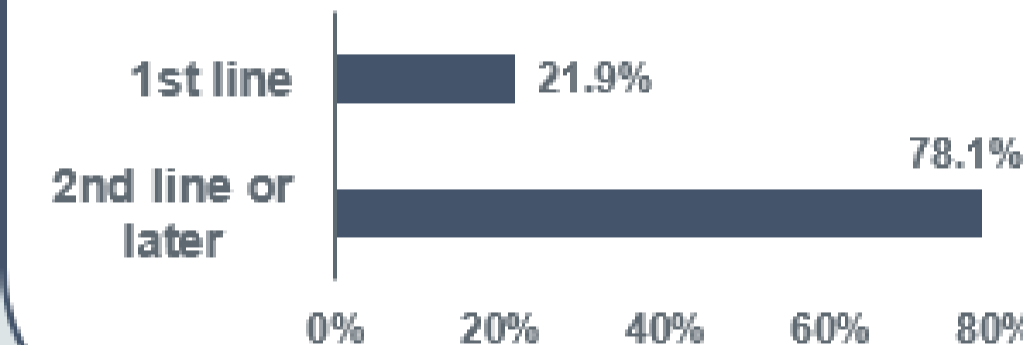
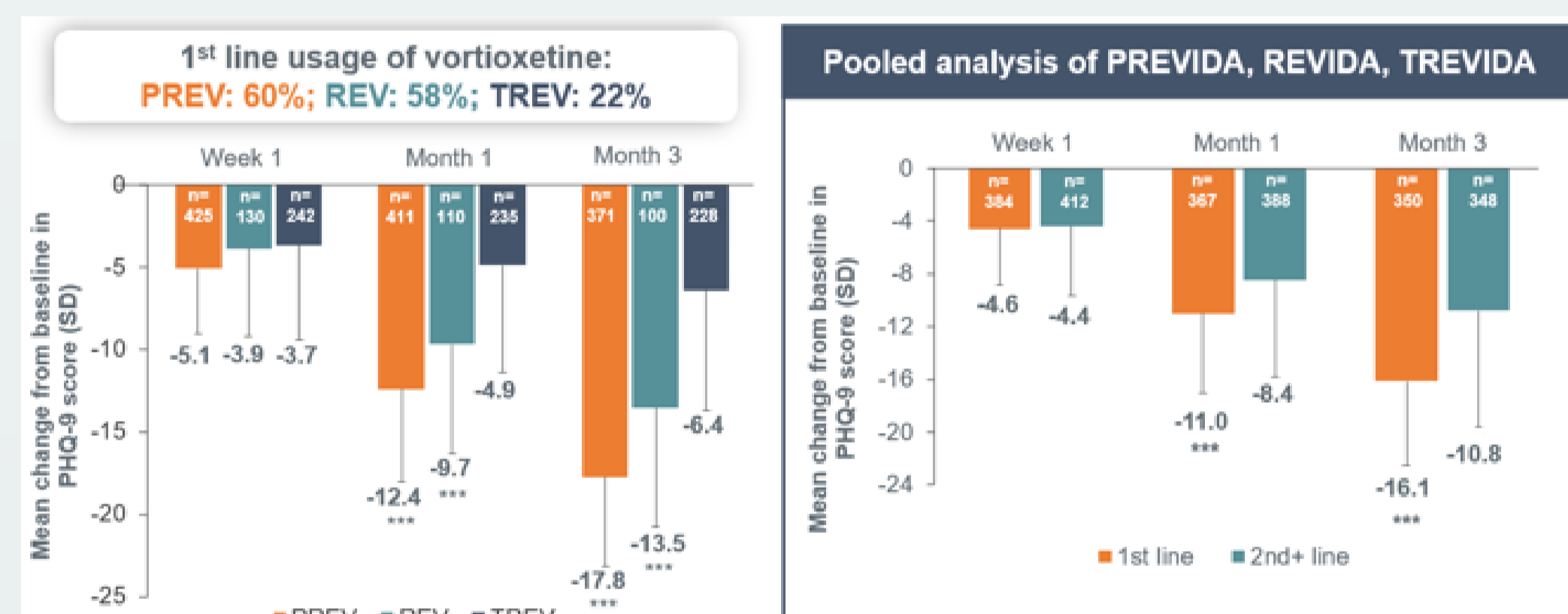
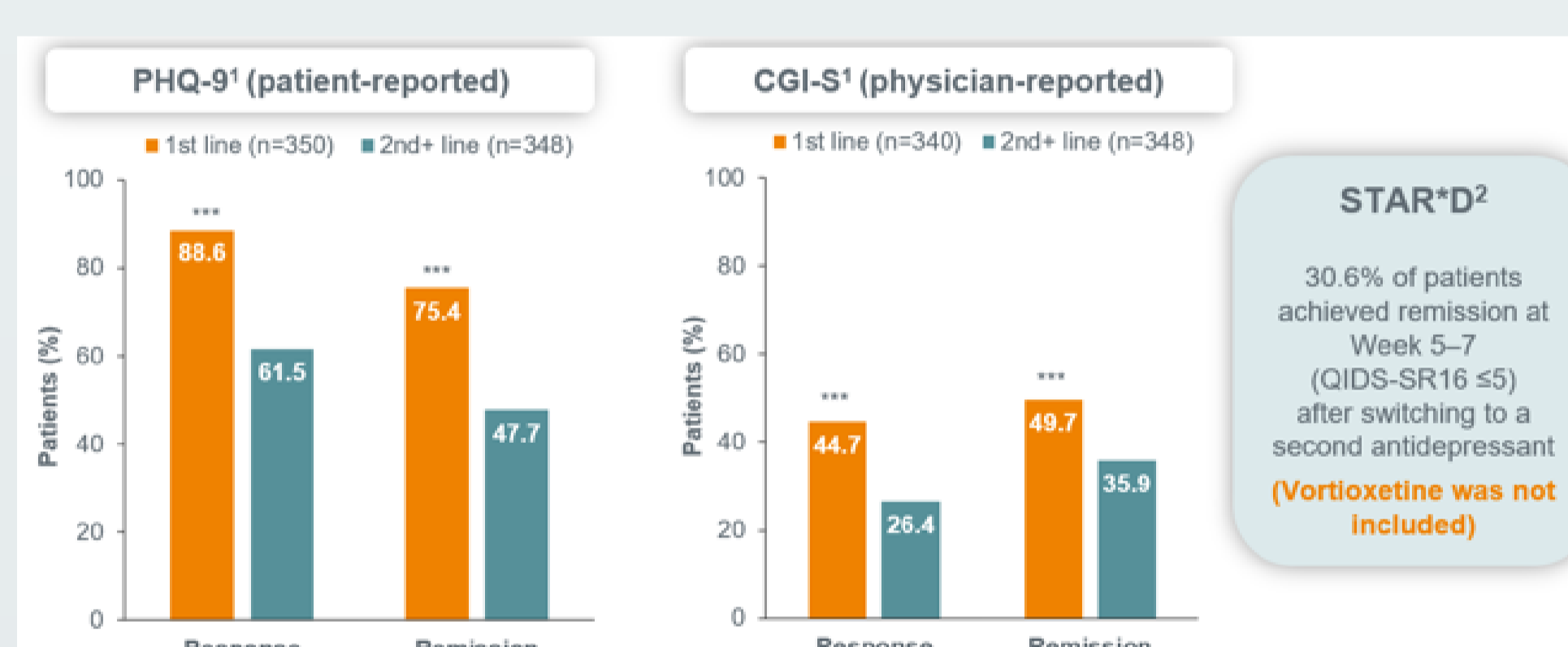


Figure 1. Vortioxetine improves patient-reported depression severity (PHQ-9) more greatly in patients who use it as 1<sup>st</sup> line treatment vs 2<sup>nd</sup> line or later



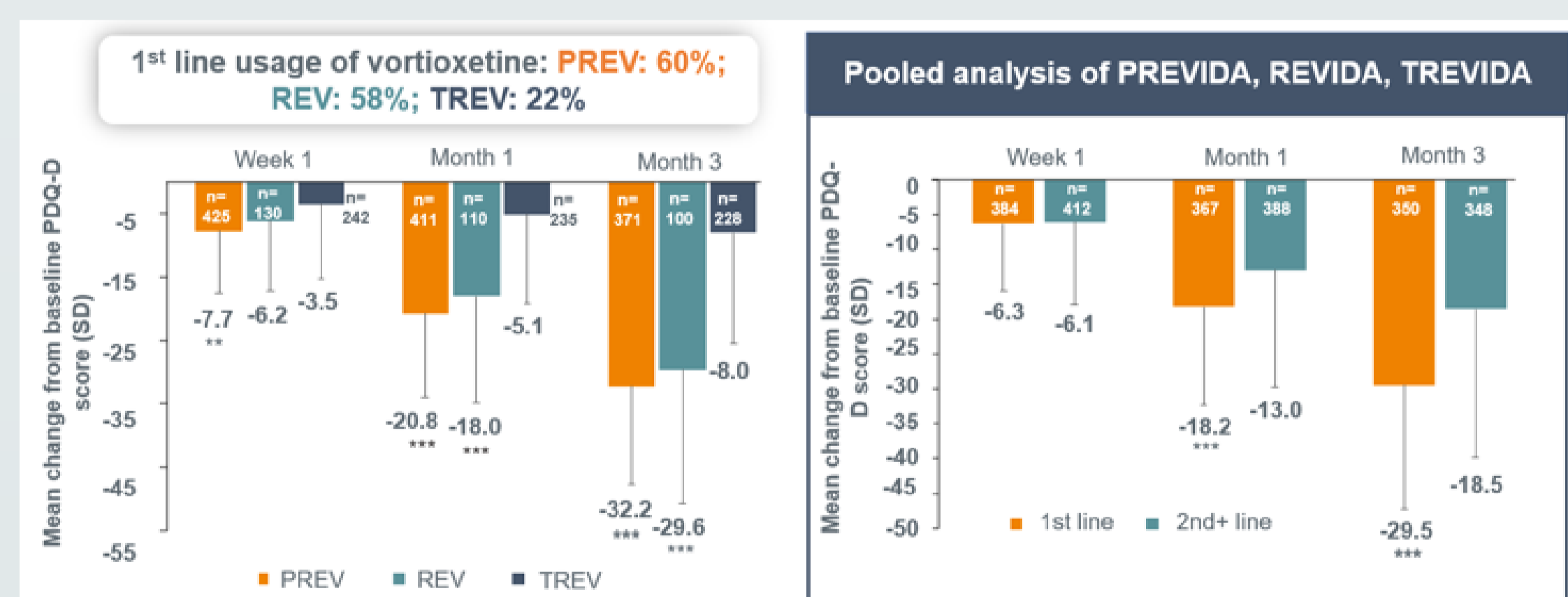
\*\*\*p<0.0001 compared with TREVIDA or 2nd+ line. PHQ-9: Patient Health Questionnaire-9; PREV: PREVIDA; REV: REVIDA; TREV: TREVIDA. Bose R et al. Curr Med Res Opin. 2022 May;38(5):661-671.

Figure 2. Vortioxetine improves response and remission rates more greatly in patients who use it as 1<sup>st</sup> line treatment vs 2<sup>nd</sup> line or later



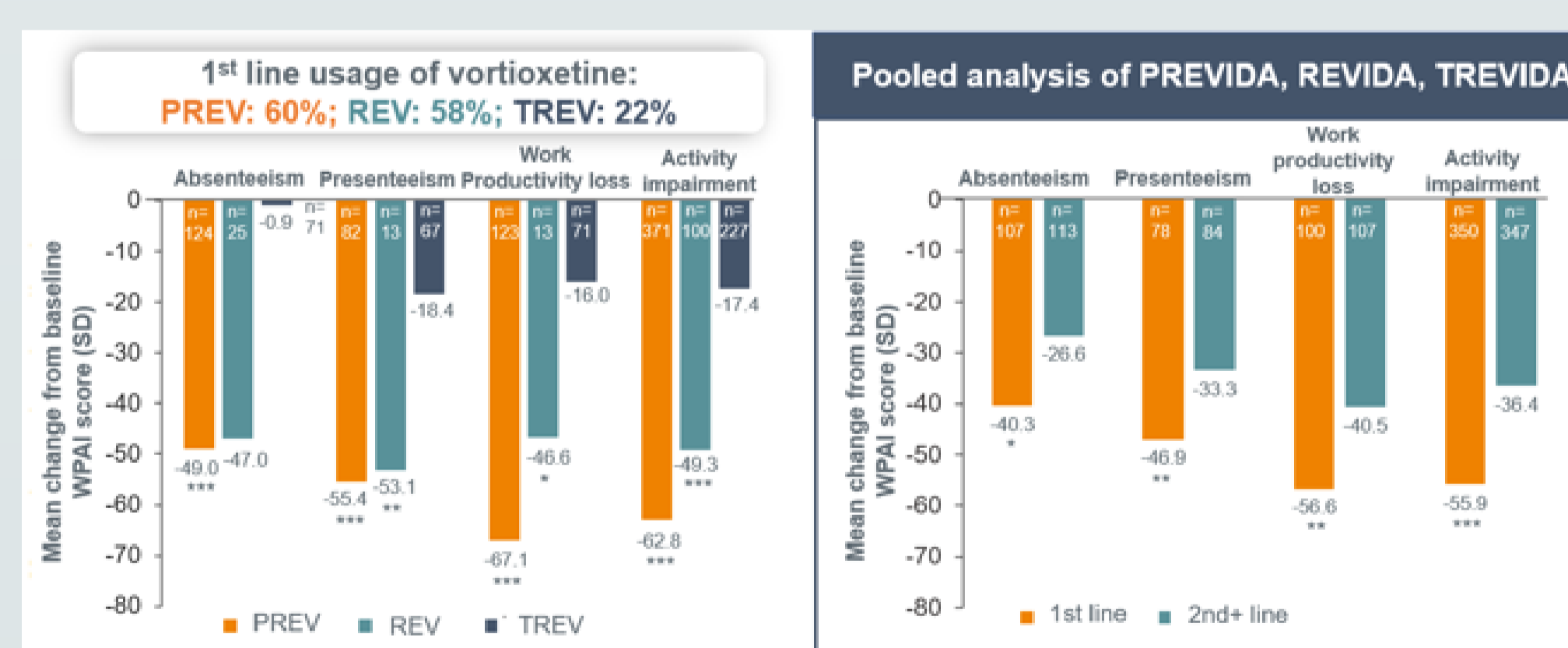
\*\*\*p<0.0001 compared with 2nd+ line. Response: ≥50% reduction in PHQ-9 or CGI-S score; remission: PHQ-9 score ≤4 or CGI-S score ≤2. CGI-S: Clinical Global Impression - Severity; PHQ-9: Patient Health Questionnaire-9; PREV, PREVIDA; REV, REVIDA; TREV, TREVIDA. 1. Bose R et al. Curr Med Res Opin. 2022 May;38(5):661-671; 2. Rush AJ, et al. Am J Psychiatry. 2006;163:1905-17.

Figure 3. Vortioxetine improves patient-reported cognitive function (PDQ-D) more greatly in patients who use it as 1<sup>st</sup> line treatment vs 2<sup>nd</sup> line or later



\*\*\*p<0.0001 compared with TREVIDA or 2nd+ line. PDQ-D: Perceived Deficits Questionnaire - Depression; PREV, PREVIDA; REV, REVIDA; TREV, TREVIDA. Bose R et al. Curr Med Res Opin. 2022 May;38(5):661-671.

Figure 4. Vortioxetine improves work function more greatly in patients who use it as 1<sup>st</sup> line treatment vs 2<sup>nd</sup> line or later



\*p<0.05; \*\*p<0.01; \*\*\*p<0.0001 compared with TREVIDA or 2nd+ line. PREV: PREVIDA; REV: REVIDA; TREV: TREVIDA; WPAI: Work Productivity and Activity Impairment. Bose R et al. Curr Med Res Opin. 2022 May;38(5):661-671.

Figure 5: Comparison of safety data

PREVIDA	Vortioxetine (N=498)	REVIDA	Vortioxetine (N=138)	TREVIDA	Vortioxetine (N=253)
All adverse drug reactions (ADRs), N (%)	12 (2.4)	All adverse drug reactions (ADRs), N (%)	13 (9.4)	All adverse drug reactions (ADRs), N (%)	9 (3.6)
No. of ADRs	12	No. of ADRs	20	No. of ADRs	11
Nausea	3	Abdominal discomfort	4	Nausea	3
Headache	3	Somnolence	2	Skin itchy	2
Severe irritability	3	Urticaria	2	GI-upset	2
Rash	1	Hypersensitivity	2	Dizzy	2
Vertigo	1	Rash	1	Diarrhea	1
Orthostatic hypotension	1	Dizziness	1	Suicide attempt	1
		Headache	1		
		Drug ineffective	1		
		Not specified	3		
ADRs leading to study discontinuation, N (%)	12 (2.4)	ADRs leading to study discontinuation, N (%)	9 (6.5)	ADRs leading to study discontinuation, N (%)	6 (2.4)

## Key takeaways:

- Vortioxetine used as 1st line treatment showed greater improvements in depressive symptoms, cognitive symptoms and functioning and greater response/remission rates compared with its use later in the treatment paradigm
- Vortioxetine treatment is associated with high response/remission rates in every step of the treatment paradigm
- Vortioxetine was well-tolerated across patient populations in Asia with differing number and duration of major depressive disorder episodes and treatment paradigm with low discontinuation rates

Main Citation: Bose R et al. Curr Med Res Opin. 2022;38(5):661-671